

SUMMER 2018 MENU A

July 8-14 // July 29-Aug 4 // Aug 19-25

DAY	BREAKFAST 8:30 am	LUNCH 1 pm	SUPPER 6 pm
Sunday	<p><i>Directors Breakfast:</i> Hot & Cold Cereal Breakfast Wraps, Muffins Yogurt Bar, Toast, Jam, Butter, Salsa</p> <p><i>Fruit Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p><i>All Camp BBQ at South Camp</i> Hamburgers, Hot Dogs, Sausages, Tomatoes, Lettuce, Cheese, Condiments, Sliced Hot Peppers Pickles, Carrots, Potato Chips</p> <p><i>Sugar & Ginger Cookies</i> <i>Water, Juice, Tea & Coffee</i></p>	<p>Chicken Burgers, French Fries, Veggie Tray & Dip, Lettuce, Sliced Tomato, Sliced Cheese, Ketchup, Mustard, Mayo</p> <p><i>Popsicles</i> <i>Water, Milk, Tea & Coffee</i></p>
Monday	<p>Hot & Cold Cereal Ham & Egg Cup, English Muffins, Jam, Butter, Ketchup</p> <p><i>Orange Juice, Milk, Water Tea, Coffee and Hot Chocolate</i></p>	<p>Mac & Cheese, Tossed Salad, Dressings</p> <p><i>Fresh Fruit Bowls</i> <i>Water, Milk, Tea & Coffee</i></p>	<p><i>Take Out:</i> Homemade Pizza Veggies & Dip</p> <p><i>Cookies</i> <i>Water, Juice, Tea & Coffee</i></p>
Tuesday	<p>Hot & Cold Cereal Pancakes, Bacon, Syrup, Ketchup, Butter</p> <p><i>Apple Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p>Chicken Broccoli Casserole over Rice, Tossed Salad with Dressing</p> <p><i>Canned Peaches</i> <i>Water, Milk, Tea & Coffee</i></p>	<p><i>Cook Out:</i> Hot Dogs, Buns, Ketchup, Mustard, Potato Chips, Carrots & Celery</p> <p><i>Rice Krispie Squares</i> <i>Water, Juice</i></p>
Wednesday	<p>Hot & Cold Cereal Scrambled Eggs, Hashbrowns Toast, Jam, Butter</p> <p><i>Orange Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p>Make your own Subs, Sliced Meats, Tomatoes, Lettuce, Cheese, Ketchup, Mustard, Mayonnaise, Chips, Jam, Wow Butter</p> <p><i>Cookies</i> <i>Water, Juice, Tea & Coffee</i></p>	<p>Spaghetti with Meat Sauce, Caesar Salad, Garlic Bread</p> <p><i>Jello in Cup</i> <i>Water, Milk, Tea & Coffee</i></p>
Thursday	<p>Hot & Cold Cereal French Toast, Sausages, Syrup, Butter</p> <p><i>Apple Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p>Pulled Pork on a Bun, Coleslaw and Kale Mix</p> <p><i>Apples & Dip</i> <i>Water, Juice, Tea & Coffee</i></p>	<p>Fish & Chips, Tossed Salad with Dressing, Tartar Sauce</p> <p><i>Vanilla Tarts</i> <i>Water, Milk, Tea & Coffee</i></p>
Friday	<p>Hot & Cold Cereal Hard Boiled Eggs, Bacon, English Muffins, Jams, Ketchup, Butter</p> <p><i>Orange Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p>Egg Salad, Tuna Salad and Humus, Pitas Shells or Wraps, Lettuce, Tomato, Cucumbers, Peppers, Cheese, Jam</p> <p><i>Watermelon & Grapes</i> <i>Water, Juice, Tea & Coffee</i></p>	<p>Baked Chicken Legs, Mashed Potatoes, Gravy, Mixed Vegetables, Roll, Butter</p> <p><i>Ice Cream</i> <i>Water, Milk, Tea & Coffee</i></p>
Saturday	<p>Hot & Cold Cereal Bagels, Cream Cheese, Cheddar Cheese, Yogurt Bar, Fruit Salad, Jams, Margarine</p> <p><i>Orange Juice, Milk, Water Tea, Coffee & Hot Chocolate</i></p>	<p><i>Everyone eats at South Camp</i></p>	<p><i>Everyone eats at South Camp</i></p>