

# SAMPLE MENU

*The Mini-Yo-We Outdoor Centre*

Weekday Group



Here is a sample menu for a weekday group at the Mini-Yo-We Outdoor Centre. Please note that these meals are not guaranteed and are designed to provide an idea of the kinds of meals provided during your stay.

DAY	BREAKFAST	LUNCH	DINNER	SNACK
MONDAY			Homemade Pizza & Veggie Tray  Cookies (dessert)  Water, Milk, Tea & Coffee	Chips (Individual bags)
TUESDAY	Pancakes, Sausages, and Toppings!  Hot/Cold Cereal  Orange Juice, Milk, Tea & Coffee	Chicken Fingers, French Fries & Veggie Platter  Fruit Bowl (dessert)  Water, Juice, Tea and Coffee	Spaghetti, Caesar Salad & Garlic Bread  Ice Cream Sundaes (dessert)  Water, Milk, Tea and Coffee	S'Mores
WEDNESDAY	Breakfast Wraps, Yogurt Bar & Fruit Salad  Hot/Cold Cereal  Orange Juice, Milk, Tea & Coffee	Tacos & Salad Bar  Brownies (dessert)  Water, Juice, Tea and Coffee		

**MINI-YO-WE OUTDOOR CENTRE**

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