



DINNER DISCUSSION

MONDAY, MARCH 11

QUICK RECAPS:

Today, Rubik showed us his axe-throwing skills and talked to us about the story of Jesus calming the storm. We learned that being courageous means standing up to our fears, and about how we, too, can be courageous when we trust in Jesus!

WHERE TO FIND THE STORY:

Mark 4:35-41

DINNER DISCUSSION QUESTIONS:

1. Fears don't always make sense. What is the funniest thing a person could be afraid of?
2. What does it mean to you to be courageous?
3. Can you think of someone with courage? Share it with your family!
4. In the story, Jesus' disciples were afraid of the storm! Would you have been afraid too?
5. Jesus seems surprised that the disciples were afraid. Why do you think that is?
6. What lessons can we take away from this story to use in our everyday lives?
7. What is one way you have been courageous before?
8. What scary parts of your life can you trust Jesus in and ask Him for more courage?

FAMILY ACTIVITY:

Play a game of Charades!

Work together to write down a bunch of silly fears on some scraps of paper. Place the papers in a hat.

Take turns drawing from the hat and acting out whatever is on the piece of paper.

TIP: This is an excellent way to spend time together having fun and laughing about the idea of fears. Everyone is afraid of something, and you can show courage by admitting some irrational fears and even laughing at them together.

