



# MEDICATION

## A RESOURCE FOR PARENTS & GUARDIANS

### How should I pack the medication?

Medication needs to be properly packed in order for our medical team to distribute it. Please leave medication in prescription bottles, prescription blister packs or in their “over the counter” containers. **Do NOT send medication in Ziplock bags or in daily pick holders (dosset packages).** Improperly packaged medication will slow down your check-in process.



### How much medication should I send?

Send just enough medication for the week. This reduces the need for medication to be returned and reinforces how much should be delivered.

**Pro Tip:** Keep an old pill bottle and use it to store extra medication at home so only the needed medication goes to camp in the current pill bottle.

### When is medication delivered?

Medication is delivered during meal periods and before bedtime during the camper’s snack period. Any exemptions to this delivery schedule must be noted on the medical form and discussed with our team on a case-by-case basis. Uploading a camper’s photo during registration helps to assist in distributing medication.

### What do I do if my camper’s medication dosage changes?

If doses have changed or you have introduced new medications since you registered, contact the office ASAP to update the camper’s medical form. Medical changes are best emailed to [info@miniyowe.com](mailto:info@miniyowe.com) to ensure accuracy when updating the medical form.

### What medication can be kept in camper cabins?

No camper medications or food items are allowed to be kept in camper cabins. All medications, including natural or herbal remedies and over the counter medication must be given to the medical team during check-in.

**Pro Tip:** Carry medication with you and don’t pack camper medication inside camper luggage since it will be delivered to your child’s cabin and won’t be with you during check-in.

### Who distributes medication to campers?

We aim to have three or more medical professionals as well as a nursing student on site every week of the summer. This team almost exclusively distributes prescription medication to campers with exceptions being offsite trips (i.e., Hilltop, tripping programs) where a lead team staff member may take on this responsibility.