



## Food Menu B • Standard Diet

Summer 2023 • Weeks 2, 4, 6

	BREAKFAST	LUNCH	DINNER	SNACK
<b>SUN</b>			<b>Chicken Burgers, Fries &amp; Veggie Tray</b> Pickles, Ketchup, Werther's Chipotle, Mayo, & Vegetable Dip  <i>Popsicles</i>	<b>Chips</b>
<b>MON</b>	<b>Egg, Sausage &amp; Cheese McMuffins</b> Hash Browns  + Cereal & Oatmeal	<b>Mac &amp; Cheese</b> Cucumber, Carrots, Tomatoes, Ketchup & Dip Pickles  <i>Fruit Bowl</i>	<b>Take-Out Pizza from Dead Man's Island Pizzeria</b> Carrots & Celery  <i>Rice Crispy Squares</i>	<b>Popcorn</b>
<b>TUE</b>	<b>Pancakes &amp; Sausage Syrup</b>  + Cereal & Oatmeal	<b>Grilled Cheese &amp; Homestyle Tomato Soup</b> Pickle Spears, Veggie Plate  <i>Fruit Bowl</i>	<b>Cook-Out</b> Burgers, Hotdogs, Chips, Carrots  <i>Campfire Crunch Cookies</i>	<b>Granola Bars</b>
<b>WED</b>	<b>Scrambled Eggs, Bacon &amp; Tater Tots</b>  + Cereal & Oatmeal	<b>Taco Salad</b> Beef, Lettuce, Cheese, Sour Cream, Salsa, Nacho Chips  <i>Fruit Bowl</i>	<b>Chicken Souvlaki, Rice &amp; Greek Salad</b> Naan, Tzatziki sauce  <i>Jello-O</i>	<b>S'mores</b>
<b>THU</b>	<b>SLEEP IN • 9:30 BREAKFAST</b> <b>Bagels, Muffins &amp; Fruit</b> Yogurt, Hard Boiled Eggs, Cinnamon Spread & Cream Cheese	<b>Chicken Caesar Wraps</b> Shredded Chicken, Romaine  <i>Fruit Bowl</i>	<b>Spaghetti, Tossed Salad &amp; Garlic Bread</b>  <i>Brownies</i>	<b>Cookies</b>
<b>FRI</b>	<b>Waffles &amp; Sausages</b> Syrup, Fruit Compote  + Cereal & Oatmeal	<b>Subs (kaisers), Salad &amp; Chips</b> Fresh Kaiser bun, Meat, Lettuce, Tomatoes, Cheese, Mayo and Werther's Chipotle Sauce  <i>Watermelon</i>	<b>Roast Beef, Mashed Potatoes Seasonal Vegetables</b> Gravy, Yorkshire Puddings  <i>Ice Cream Sandwich</i>	<b>Donuts</b>
<b>SAT</b>	<b>Croissants &amp; Cinnamon Rolls</b> Yogurt, Whole Fruit  + Cereal & Oatmeal			