



Food Menu A • Standard Diet

Summer 2023 • Weeks 1, 3, 5 & 7

	BREAKFAST	LUNCH	DINNER	SNACK
SUN			Chicken Fingers, Fries & Salad Plum Sauce, Ketchup, Salad Dressing <i>Popsicles</i>	Chips
MON	Egg, Sausage & Cheese McMuffins Hash Browns + Cereal & Oatmeal	Mac & Cheese Cucumber, Carrots, Tomatoes, Ketchup & Dip Pickles <i>Fruit Bowl</i>	Take-Out Pizza from Dead Man's Island Pizzeria Carrots & Celery <i>Rice Crispy Squares</i>	Popcorn
TUE	Pancakes & Sausage Syrup + Cereal & Oatmeal	Grilled Cheese & Homestyle Tomato Soup Pickle Spears, Veggie Plate <i>Fruit Bowl</i>	Cook-Out Burgers, Hotdogs, Chips, Carrots <i>Campfire Crunch Cookies</i>	Granola Bars
WED	Scrambled Eggs, Bacon & Tater Tots + Cereal & Oatmeal	Taco Salad Beef, Lettuce, Cheese, Sour Cream, Salsa, Nacho Chips <i>Fruit Bowl</i>	Beef Stroganoff with Egg Noodles & Hot Vegetables <i>Jell-O</i>	S'mores
THU	SLEEP IN • 9:30 BREAKFAST Bagels, Muffins & Fruit Yogurt, Hard Boiled Eggs, Cinnamon Spread & Cream Cheese	Perogy Poutine & Veggie Plate Gravy, Beef, Cheese Curds <i>Fruit Bowl</i>	Spaghetti, Tossed Salad & Garlic Bread <i>Brownies</i>	Cookies
FRI	Waffles & Sausages Syrup, Fruit Compote + Cereal & Oatmeal	Subs (Kaisers), Salad & Chips Fresh Kaiser bun, Meat, Lettuce, Tomatoes, Cheese, Mayo and Werther's Chipotle Sauce <i>Watermelon</i>	Roast Pork, Corn & Roasted Potatoes Rolls, Applesauce <i>Ice Cream Sandwich</i>	Donuts
SAT	Croissants & Cinnamon Rolls Yogurt, Whole Fruit + Cereal & Oatmeal			