



PACKING LIST

LEADERS IN TRAINING

CLOTHING:

- ✓ Closed-Toe Shoes (1-2 pairs)
- ✓ Sandals / Flip Flops (2 pairs)
- ✓ Bathing Suits (2)
- ✓ Underwear (For 2 Weeks)
- ✓ Socks (For 2 Weeks)
- ✓ T-Shirts / Tops (several)
- ✓ Sweatshirts / Sweaters (2-3)
- ✓ Shorts (2-3)
- ✓ Jeans (2-3)
- ✓ Rain Jacket
- ✓ Hat
- ✓ Rain Boots
- ✓ Old Clothes (for messy/work activities)
- ✓ Pajamas (2-3)
- ✓ Sweatpants (1-2)

CAMP GEAR:

- ✓ Beach Towel (2)
- ✓ Shower Towel (1)
- ✓ Sunscreen (1-2 bottles)
- ✓ Insect Repellent (1-2 bottles)
- ✓ Bible
- ✓ Journal
- ✓ Pens or Pencils (3-4)
- ✓ Camera (optional)
- ✓ Sunglasses
- ✓ Reusable Water Bottle
- ✓ Pillow
- ✓ Toiletries (toothbrush, deodorant, shampoo, etc.)
- ✓ Sanitary Items
- ✓ Sheets (1 fitted)
- ✓ Sleeping Bag or Bedding (1)
- ✓ Extra Blanket (optional)
- ✓ Flashlight
- ✓ Small Backpack
- ✓ Alarm Clock

DRESS CODE:

The following dress code has been established to help young leaders grow in maturity. LIT is a co-ed program making it especially important for participants to agree to Camp's dress code.

- Underwear (including bras) should not be visible through or outside of clothing.
- Swimsuits must fit well and stay in place when both dry and wet. Please bring a modest swim suit appropriate for physical activity.
- Clothing with inappropriate/offensive language, gestures, images or advertising are not permitted.
- Please dress appropriately for camp activities. Both tops and bottoms should allow for free movement and physical activity including jumping, stretching and climbing without revealing navels, cleavage or bottoms.

PLEASE DON'T BRING:

- iPods, MP3 Players, etc.
- Jewelry & Valuables
- Weapons (i.e. knives)
- Alcohol, Lighters, Matches, etc.
- E-Cigarettes & Vape Pens
- Snacks (allergy awareness & not attracting critters)