

# NORTHWOODS TRIP

## Information Sheet



### CHECK-IN / CHECK-OUT

Please check-in at our main site at Camp Mini-Yo-We on Sunday, August 5<sup>th</sup>. Check-In is between 2:00-3:00 PM. Check out is at 9:30 AM on Saturday, August 18<sup>th</sup>. When you arrive greeters at the front gate will direct you to the right location.

1878 Muskoka Road 10 West  
Port Sydney, ON P0B 1L0



### MEDICAL FORMS / MEDICATION

It is necessary for each camper to have a medical form filled out before arrival. Please do not send it early as information can change. We require a new form each year to ensure the most up-to-date information. It does not need to be filled out by a doctor. Please ensure the form includes your health card number and that all medication is listed. We require a copy of your health card be attached to the form.

Upon arrival at Camp, medication must be given to the nurse. During the week, our medical team will distribute medication, attend to routine medical needs, as well as address emergency situations. Parents will be contacted in the event of an emergency. In the event that prescriptions or other medical charges occur your credit card on file will be charged. Please don't forget to take medications home. There will be a fee for returning any medication left at Camp.



### DIETARY REQUIREMENTS / FOOD

We will do our best to accommodate vegetarian, gluten-free, and dairy-free diets. We can also cater to certain food allergies. If you have any dietary requirements please make sure we are aware when you apply. We are a peanut-aware facility. If you have questions please refer to our peanut policy on our website.

Please do not bring any food to Camp. Food attracts animals to cabins and creates an unsafe environment. Snacks can be purchased at the tuck shop.



### HEAD LICE PRECAUTIONS

To ensure campers have the best experience possible our staff perform routine head checks on all campers during check-in. Please ensure that you have checked your children for head lice one week and also one day prior to arrival. Please refer to our lice policy on our website if you have questions.

**CAMP MINI-YO-WE**

www.campmyw.com  
705-385-2629

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### TUCK SHOP ACCOUNTS

The Tuck Shop is where campers can purchase snacks and souvenirs during the week. Each camper gets to go to tuck during their time at Camp. We encourage you to take a look at our Tuck Shop when you drop-off or pick-up your child. You can open a Tuck Account for your child on the day your child arrives at Camp using cash. You can add Tuck money by Visa or MasterCard before arrival by calling or emailing us with your credit card number.



### LAUNDRY

Campers have the opportunity to sign up for Camp's laundry service at a minimal cost (see application form). Laundry is done on the Saturday between week 1 and 2. Cost includes a Camp Mini-Yo-We laundry bag that the camper can take home.



### CONTACTING CAMPERS

We encourage that parents write letters, leave mail at Camp, or use our camper email service to stay in touch. Camper mail is delivered Monday-Friday when on Camp property. No mail should contain any food. To ensure the safety of campers our staff may screen mail.

#### EMAIL A CAMPER

Use our online camper email service to send an email to your child! There is a \$1.00 fee per email that is charged to your child's tuck account.

#### WRITE LETTERS

Make sure you send it right away so it arrives on time!

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#### LEAVE MAIL AT CAMP

Leave mail at check-in!  
Please labeled properly with:  
1. Camper's full name  
2. Date to be delivered  
2. Camp they are attending  
(ie. Discovery Camp)



### BUS TRANSPORTATION

We provide bus transportation to and from Camp every week of the summer! If you wish to sign up for the bus you can do so by booking online. The bus does pick-up and drop-offs in both Barrie and Vaughan.

If on the bus please have the camper's medical form, medication and tuck money ready for staff upon arrival. Everything should be in a sealed envelope marked with the campers name and program (ie. Girls Camp). If a family has more than one camper each camper should have their own envelope/bag.

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## Packing List

When packing please note that Camp will provide the canoes, tents, cooking tools, plates, cutlery and all other major equipment for the trip. Below is a list of minimum requirement gear - items you will regret if you do not bring them on the trip. We also indicate some optional items that you may wish to bring. Everything you bring on the trip must fit inside a 30-litre dry bag. Camp will provide a dry bag for each tripping participant but you are welcome to purchase or bring your own if you wish. **If you have any questions while packing please don't hesitate to contact us for advice!**

### TRIP CLOTHING

- Shorts (1)
- T-Shirts (2)
- Long-Sleeve Shirt (1)
- Bathing Suit (2) – *No bikinis*
- Fleece / Wool Sweater (1)
- Socks (2)  
*Thin and quick drying. We suggest smart wool or merino wool.*
- Pants (1)  
*Not jeans or sweat pants*



#### NO COTTON!

Please ensure that **NONE** of the clothing is cotton. Cotton does not dry very easily, gets heavy and makes for poor experiences.

### TRIP GEAR

- Compact Sleeping Bag & Pillow Case
- Rain Coat (1)
- Hat (1)
- Toiletries
- Closed-Toed Footwear (1-2)

*This is important! There are a lot of options but please ensure they are designed to get wet, dry quickly and provide good ankle support and traction. Feel free to bring a second pair of closed-toe sandals or shoes for while on the campsite.*

### OPTIONAL GEAR

- Rain Pants (1)
- A Head Lamp
- Bug Repellent
- ThermoRest ProLite or Mec Kelvin 2.5 Mattress  
*Nothing larger than these! It has to fit in the 30 litre dry bag with everything else!*
- Bible (we also bring Camp bibles)
- Camera (a waterproof action camera is best)

### PURCHASING NEW ITEMS

Items such as the small sleeping bags, etc. can be obtained from outdoor stores such as Hikers Haven (Oakville), Mountain Equipment Coop (Toronto, Burlington, or Barrie), Canadian Tire, or Algonquin Outfitters (Huntsville).

### SHOES & RAINCOATS

The most important items for a trip are good shoes and a raincoat. If you purchase new footwear for the trip please wear them in while dry to prevent blistering on the trip. A good raincoat will make or break by keeping you dry and warm on long days!